

Sexuality Interview For Dads

Instructions: Take about 10 minutes to interview each other using the questions written below and the memories you revisited during “The Journey.”

1. What messages (values) did you receive about sexuality as you were growing up (from parents, friends, school, media, etc.)?

2. Did you as a male receive different messages about sex and sexuality than any females in your family?

If so, why do you think that was?

3. What did you think about yourself when you began going through puberty (voice changing, growing hair, getting taller etc.)

4. Did the messages your parents gave you or didn't give you affect your life in any way?

5. What messages or values do you want to give your children about sex and sexuality?